

# THE 3-MINUTE LOBBYIST

Every year, SEIU 775 works to move Washington State toward a fair and just future where caregivers make a living wage with decent benefits, people who receive care are treated with dignity and respect, and all Washington families have access to a fair economy.

## HOW TO HAVE A GOOD MEETING

### STEP 1: INTRODUCE YOURSELF

Tell them a little about yourself and your work, and make sure to mention you are a member of SEIU 775.

- A. What's your name? Where do you live?
- B. How long have you been a caregiver?
- C. Who do you care for?
- D. What do you do on the job?

### STEP 2: DESCRIBE THE PROBLEM

In your own words, what is the problem we're meeting with them about? How would a starting wage of \$20 an hour impact you? What would safer staffing mean for the care residents receive in nursing homes? Why is it important we have the WA Cares Benefit to help people access and afford long-term care before spending down to get Medicaid? How will you and your family afford long-term care if the WA Cares program goes away?

### STEP 3: TELL THEM HOW THEY CAN HELP

Here's where our big ask comes in: What do we want our lawmakers to do to fix the problem? (Hint: The legislative agenda is a great place to start)

### STEP 4: ASK THEM TO TAKE A GROUP PHOTO

The SEIU 775 member with you may take a "photo" (screenshot) of you and the legislator, which may then get shared on our Facebook page and used in other member communications.

