

THE 3-MINUTE LOBBYIST

Every year, SEIU 775 unites the strength of all caregivers in Washington State, to create a better life for ourselves and those we care for, and to lead the way to a more just and equitable world.

HOW TO HAVE A GOOD MEETING

STEP 1: INTRODUCE YOURSELF

Tell them a little about yourself and your work, and make sure to mention you are a member of SEIU 775.

- A. What's your name? Where do you live?
- B. How long have you been a caregiver?
- C. Who do you care for?
- D. What do you do on the job?

STEP 2: DESCRIBE THE PROBLEM

In your own words, what is the problem we're meeting with them about? How would a starting wage of \$21 an hour and wages for experienced workers of \$22-23 an hour impact you? What would safer staffing mean for the care residents receive in nursing homes? What would it mean to your family if you could provide health insurance for your dependents? What would happen if you or your loved ones couldn't get the care you need?

STEP 3: TELL THEM HOW THEY CAN HELP

Here's where our big ask comes in: What do we want our lawmakers to do to fix the problem? (Hint: The legislative agenda is a great place to start.)

STEP 4: ASK THEM TO TAKE A GROUP PHOTO

The SEIU 775 staffer with you may take a photo of you and the legislator, which may be shared on our Facebook page and used in other member communications.

