



## What is it like to meet with our legislators?

**How long are meetings?** Meetings with legislators may only last 5-10 minutes. They will usually let you know at the beginning of the meeting how much time they have.

**Tips for what to say:** Keep your comments brief, friendly, and personal. We want the legislator to easily be able to understand and recall our main points.

**The most important thing to remember when meeting with your legislators is that you have a right to be here and have your voice heard.** It is their job to meet with you and the other people in their district, to listen to your concerns, and to represent you in the legislature.

## What is a Legislative Assistant?

Don't feel offended if your State Senator or Representative cannot meet with us personally. Legislators have busy schedules and sometimes get pulled away at the last minute for reasons outside of their control. Meeting with their staff can be just as effective as meeting with them. Because legislators cover so many issues, it is often the legislative staff that develop legislative agendas, draft bills, and meet with constituents like us.

**STRONGER  
TOGETHER**

