

THE 3-MINUTE LOBBYIST

Every year, SEIU 775 unites the strength of all caregivers in Washington State, to create a better life for ourselves and those we care for, and to lead the way to a more just and equitable world.

HOW TO HAVE A GOOD MEETING

STEP 1: INTRODUCE YOURSELF

Tell them a little about yourself and your work, and make sure to mention you are a member of SEIU 775.

- A. What's your name? Where do you live?
- B. How long have you been a caregiver?
- C. Who do you care for?
- D. What do you do on the job?

STEP 2: DESCRIBE THE PROBLEM

In your own words, what is the problem we're meeting with them about?

- Could you afford \$36,500 in long-term care without WA Cares? Why is it important to you to have the \$36,500 WA Cares benefit to cover long-term care costs if you need it?
- How does expensive and out-of-reach healthcare for Nursing Home workers affect you? How does short staffing in facilities impact the quality of care you can give your clients?
- Why is it important that you are trained in how to help your client in a climate emergency?
- How have you, your family or a client been impacted by increased rents? How would stronger renters' protections, including limiting excessive rent increases, help you, your family, and your client?

STEP 3: TELL THEM HOW THEY CAN HELP

Here's where our big ask comes in: What do we want our lawmakers to do to fix the problem? (Hint: The legislative agenda is a great place to start.)

STEP 4: ASK TO TAKE A GROUP PHOTO

The SEIU 775 staffer with you may take a photo of you and the legislator, which may be shared on our Facebook page and used in other member communications.

