

THE 3-MINUTE LOBBYIST

Our mission is to unite the strength of all caregivers, to create a better life for ourselves and those we care for, and to lead the way to a more just and equitable world.

HOW TO HAVE A GOOD MEETING

STEP 1: INTRODUCE YOURSELF

Tell them a little about yourself and your work, and make sure to mention you are a member of SEIU 775.

- A. What's your name? Where do you live?
- B. How long have you been a caregiver?
- C. Who do you care for?
- D. What do you do on the job?

STEP 2: DESCRIBE THE PROBLEM

In your own words, what is the problem we're meeting with them about?

- **Nursing Home workers:** How does the lack of affordable healthcare impact you and your family? What difference would having access to high-quality, affordable healthcare make for you and your ability to care for residents?
- **Home Care workers:** Have you ever lost access to healthcare because your hours dropped below 80 in a month? How did that affect you? How would having healthcare regardless of a temporary drop in hours make a difference for you and your family?
- **Have you experienced challenges with wages not keeping up with inflation?** How has this impacted you and your family? Without meaningful wage gains, what does this mean for your future in caregiving?
- **How has the complicated and repeated background check process affected your ability to start or continue caregiving? How would streamlining this process make your work more stable and help clients get the care they need sooner?**

STEP 3: TELL THEM HOW THEY CAN HELP

Here's where our big ask comes in: What do we want our lawmakers to do to fix the problem? (Hint: The legislative agenda is a great place to start.)

STEP 4: ASK TO TAKE A GROUP PHOTO

The SEIU 775 staffer with you may take a photo of you and the legislator, which may be shared on our Facebook page and used in other member communications.